



2735 East 10th Street, CA110
Bloomington, IN 47405
Phone: 1-800-346-3077
Fax: 812-855-4940
E-mail: drugprc@indiana.edu
www.drugs.indiana.edu

A C R O S S O U R D E S K S T O Y O U R S

Ending the Meth Epidemic

By JoBeth McCarthy-Jean, MPH

INSIDE THIS ISSUE :

- **Ending the Meth Epidemic**
- **Upcoming Events**

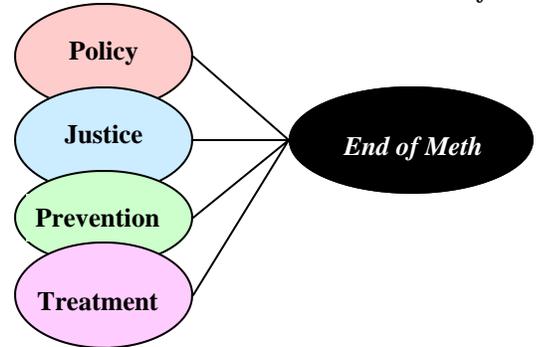
Resource of the month:
Prepared PowerPoint on Methamphetamine now available for distribution. Customize the presentation for your audience, just be sure to cite the source.

http://www.drugs.indiana.edu/resources/druginfo/drugs/docs/Meth_in_IND_Compressed.ppt

Methamphetamine (also known as meth, ice, crystal, poor man's cocaine, crank, go-fast, tweak, glass, or crystal meth) is impacting the safety of our children, families, and communities. Manufactured in homes, barns, apartment buildings, even table-top mobile labs, meth is considered one of the most harmful drugs in America. With less than \$100.00 of basic household products, cookers of meth can significantly increase their initial expense within a matter of days. Children living in these homes or with meth users pay the highest price. According to the National Alliance for Drug-Endangered Children, one-third of all meth labs seized have children present. Often, these children test positive for the drug. Worse yet, we still don't know what the long term implications are for environmental exposure among children to the toxic chemicals used to produce meth.

A powerfully addictive central nervous system stimulant, meth can be smoked, snorted, ingested orally or intravenously.

Meth users experience a high that can last for many hours, and users often binge on the drug for days. Immediately, the drug causes increased blood pressure, dilated pupils, mild to severe dehydration, decreased appetite, paranoia, and nervousness. Once the drug begins to wear off, users experience an overwhelming urge for more and will seek to replenish their high. For many users, addiction is likely, treatment challenging, and is costing Indiana and its tax payers more than \$100 million dollars annually.



This is why Governor Mitchell

Upcoming Events

The Indiana Prevention Resource Center is funded, in part, by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction, financially supported through HHS/Substance Abuse Mental Health Services Administration, Center for Substance Abuse Prevention, Substance Abuse Prevention and Treatment Block Grant. The IPRC is operated by the Indiana University Department of Applied Health Science and School of Health, Physical Education and Recreation. It is affiliated with the Department's Institute of Drug Abuse Prevention. The opinions expressed herein are those of the authors and not necessarily those of the Trustees of Indiana University or the Indiana Family and Social Services Administration. Indiana University accepts full responsibility for the content of this publication. © Copyright, 2005 by the Trustees of Indiana University.

July 21

- *The Value of Youth Involvement*
www.udetc.org

July 28

- National Youth Summit
http://conferences.jbs.biz/ncfy_dc/

August 2—4

- Many Voices ~ One Vision
www.in.gov/cji

August 9

- Leverage Underage Drinking Resources
<http://www.udetc.org/currentaudioconferences.asp>

August 19-20

- Meth, HIV, and Hepatitis, 801-355-0234

October 2—5

- Alcohol and Other Drug Abuse and Violence Prevention in Higher Education

<http://www.edc.org/hec/natl/2005/>
October 17— 21

- Grantsmanship Training Program
<http://www.tgci.com/>

October 24—26

- Fundraising for Small Non-profits
<http://appserv.iu.edu/cop/course.asp>

October 27—28

- Proposal Writing
<http://appserv.iu.edu/cop/course.asp>

November 3—5

- SOPHE's 56th Annual Meeting
<http://www.sophe.org/>

November 17—17

- IYI's Kids Count in Indiana Conference
www.iyi.org

**For a complete list of events, visit:
www.drugs.indiana.edu**

Ending the Meth Epidemic, con't

Daniels has placed Indiana's meth epidemic as a top priority to be addressed by state and local law enforcement, prevention, and treatment agencies.

Governor Mitchell Daniels signed into law one of the most sweeping pieces of legislation that will monitor and control the illegal manufacturing of methamphetamine. This legislation is the cornerstone of the state's plan to address the meth epidemic. Beginning July 1, 2005, Senate Enrolled Act 444 (more commonly known as the "Indiana Methamphetamine Protection Act") will:

- monitor and control the sale of ephedrine and pseudoephedrine (ingredients commonly found in cold and allergy medications that are used to produce meth);
- require retailers to "keep medications containing ephedrine or pseudoephedrine behind a counter, in a locked case or directly in front of a pharmacy counter that has video surveillance";
- sales are restricted to those 18 years or older purchasers must show a photo ID;
- sign a log book and;
- limit the sale of more than 100 tablets of ephedrine and pseudoephedrine products per week, per person.

Governor Daniels has appointed the Indiana Criminal Justice Institute (ICJI), led by Executive Director, Heather Bolejack, to lead the Meth Free Indiana Coalition. Steven King, Division Director of the ICJI's Drug and Crime Division, is providing the leadership needed to implement the Meth Watch Program to reduce the production and use of methamphetamine in Indiana. Staff at ICJI have already begun the process of coordinating a state plan, launched a website www.MethFreeIndiana.org, and developed education and training materials for Indiana retailers and the general public.

Preventing meth requires applying the principles of prevention and employing multiple strategies across many sectors of the community. Statewide, prevention providers are engaged in participatory, community-based activities that encourage residents to report suspicious activity; place meth awareness and education as a priority for their community; and instituting mechanisms to address treatment needs for victims of meth use and their children.

Soon, the IPRC will release data on youth prevalence rates among Indiana's children and adolescents. This data will be used to leverage more funding into the state for prevention and treatment of methamphetamine. Additional data is available in presentation-ready format at

www.drugs.indiana.edu.

Meth Prevention and Reduction Resources

- Indiana Prevention Resource Center: www.drugs.indiana.edu
- Indiana State Police: <http://www.in.gov/isp/divisions/drug.html>
- Meth Free Indiana Coalition: www.MethFreeIndiana.org
- U.S. Drug Enforcement Agency: <http://www.usdoj.gov/dea/pubs/pressrel/methfact03.html>

-###-

Library Resource Update

Looking for video's, text-books, or journal articles? New materials have just been received by the IPRC's library. Call the librarian at **1-800-346-3077** for more details or e-mail drugprc@indiana.edu.



NOMINATE A COLLEAGUE TODAY

We ALL deserve to be recognized for our passion, dedication, and hard work. Write to drugprc@indiana.edu and nominate a colleague for *In the Spotlight*. See you next month at:

MANY VOICES ~ ONE VISION Aug 2—4, 2005

Community Voices

Colleagues from across Indiana share news at: www.drugs.indiana.edu/hottopics/community/index.html

Editorial Staff

Editor in Chief—JoBeth McCarthy-Jean, M.P.H.
Copy Editor—Megan Randall

Contact Us

For more information about these articles, please contact the Indiana Prevention Resource Center editorial staff at: **1-800-346-3077** or drugprc@indiana.edu