An Ounce of Prevention

Tammy Loew receives the 2012 William J. Bailey Prevention Leadership Award

The late Bill Bailey was the inaugural director of the Indiana Prevention Resource Center. Bill was well known for establishing a foundation of prevention in the state and pioneering Afternoons R.O.C.K. in Indiana, an afterschool drug prevention program. Bill is regarded as a visionary in the prevention field and his former colleagues refer to him as a selfless, hardworking and passionate leader. Bill is most known for launching a campaign for science-based prevention, leading the use of information technology and innovative software in prevention, devoting incalculable hours of research in the prevention field, and initiating numerous Alcohol, Tobacco and Other Drug prevention programs and services. The William J. Bailey Prevention Leadership Award was established by the Indiana Prevention Resource Center (IPRC) and the Division of Mental Health and Addiction (DMHA) to honor Bill’s contribution to the prevention field.

Tammy’s commitment to the health and wellness of the students on Purdue’s campus extends beyond her professional position. She serves as the volunteer board chair of the Indiana Coalition to Reduce Underage Drinking as well as on the steering team of the Indiana Collegiate Action Network. Tammy is also a volunteer member of the Drug Free Tippecanoe County coalition. Tammy’s colleague, Lisa Hutcheson, who serves as the Director of the Indiana Coalition to Reduce Underage Drinking, describes Tammy as someone who “exhibits a genuine care and concern for young people and works diligently to ensure that students understand the risks and health concerns that result from high risk drinking and other drug use.” Lisa shares that working in alcohol prevention on campus is challenging, but Tammy has defeated challenges and barriers and has successfully brought together a coalition of professionals, community members, and representatives from area bars and created a high functioning group who meets regularly to work on alcohol related issues.

Tammy Loew (right), is presented with the award by her Director, Lisa Hutcheson, at the Indiana Annual Recovery Month Symposium in September of 2012.

Our staff!
Our goal is to provide substance abuse prevention resources and services to help you improve your community.

Our Mission
Strengthening a behavioral health system that promotes prevention, treatment, and recovery.

Our Vision
To promote and sustain healthy environments and behaviors across the lifespan.

Our expertise
We partner with state and national agencies to provide training and education, evaluation, special data reports, program and curriculum selection and resource materials…all tailored for your community or organization’s specific needs.

INDIANA PREVENTION RESOURCE CENTER

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DECEMBER 2012

22nd Annual Survey of Alcohol, Tobacco and Other Drug Use
2012 Data Highlights

The 2012 survey included several new questions that asked students about:

- Access to prescription drugs
- Mental health
- Having suicidal thoughts and feelings
- Whether they had a parent who served in the military
- Whether they had a parent who was incarcerated during the past year

Findings include:

- Indiana has the second highest rate of high school students who report having taken prescription drugs without a doctor's prescription, 21.4 percent versus the national rate of 20.7 percent, according to the 2011 Youth Risk Behavioral Surveillance System.
- 27.4 percent of Indiana 10th-graders reported feeling sad or hopeless
- 8.2 percent of eighth-graders reportedly attempted suicide.
- 6.7 percent of Indiana sixth-graders report having a parent who served in the military during 2011.
- 24.1 percent of Indiana eighth-graders report having a parent who served time in jail during 2011.

To view the full 2012 ATOD survey visit:

IndianaSBIRT is a multiyear SAHMSA-funded effort to establish substance use screening, brief intervention, and referral to treatment (SBIRT) as a standard practice in health care settings throughout the state of Indiana.

SBIRT News
Wishard Health Services in conjunction with the Indiana Prevention Resource Center (IPRC) recently received the Indiana Public Health Foundation’s Premier Health Achievement Award for IndianaSBIRT. The award, given in the category of Preventive Medicine and Public Health, recognized exemplary leadership in implementing a universal screening, brief intervention, and referral to treatment (SBIRT) program for alcohol and substance abuse in Wishard Community Health Centers (CHCs). The IndianaSBIRT program is funded by a Substance Abuse and Mental Health Services Administration (SAMHSA) cooperative agreement, which partners Wishard Health Services and the IPRC to institute SBIRT services as a new standard of care in Wishard CHCs. SBIRT will be introduced in ten Wishard CHCs, with plans to extend the model over the next four years to other CHCs in Indiana.

Pictured from Left: Ruth Gassman, Cindy Wilson, Suzanne Caldwell, and Nina Engelhardt of the IndianaSBIRT Program

The Indiana Prevention Resource Center is operated by the Department of Applied Health Science, School of Health, Physical Education, and Recreation at Indiana University. Funded, in part, by a contract with the Indiana Family and Social Services Administration, Division of Mental Health and Addiction, financially supported through Health and Human Services Administration, Center for Substance Abuse, Substance Abuse Prevention and Treatment Block Grant.
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IPRC Skills and Services add to Increased Collaboration

The IPRC is continuing to collaborate with state agencies to ensure healthy communities in Indiana. Below is a list of some of our most recent partnerships as a result of grant writing, program management, evaluation, and technical assistance specialties among staff at our center.

Indiana –Partnerships for Success from SAMHSA
Awardee: Indiana Family and Social Services Administration
Period: 3 Years (9/30/12 – 9/30/15)
Summary of project: The goal of Partnerships for Success is to reduce prescription drug misuse among persons 12 -25 years of age, strengthen the State prevention system through strong community involvement and implementation of evidenced-based strategies; and develop proficiency in the Strategic Prevention Framework in communities across Indiana.
IPRC Collaboration: The IPRC has the role of program management, training and technical assistance to communities and evaluation of the project.

Indiana –Cooperative Agreements for State Adolescent Treatment Enhancement and Dissemination
Awardee: Indiana Family and Social Services Administration
Period: 3 Years (10/31/12 – 9/30/15)
Summary of project: To implement a Comprehensive Adolescent Severity Inventory and Multi-dimensional Family Therapy in collaborative learning laboratories which represent an addiction only and community health center provider. The result will be more youth and families receiving evidence based treatment and improved outcomes for youth.
IPRC Collaboration: The IPRC will be evaluating the implementation and delivery of evidence based treatment models.

Indiana –Community Transformation Grant from CDC
Awardee: Wellborn Baptist Foundation
Period: 2 Years (2012-2014)
Summary of Project: The Wellborn Baptist Foundation proposes to prevent heart attack, stroke, cancer, diabetes, and other leading chronic disease-related causes of death and disability by implementing a two-year intensive community approach to promote tobacco free living, active living and healthy eating, clinical preventive services, and healthy and safe physical environments.
IPRC Collaboration: The IPRC will evaluate the impact on tobacco use in the communities.

Not signed up for the IPRC listserv? Sign up now!
You’ll receive:
• Updates on grant and funding information
• Upcoming trainings and events
• Translation of the latest research

The IPRC will never share your email with other organizations.

We are pleased to invite you to participate in the 2013 Indiana College Substance Use Survey at no cost to you!

Don’t miss this opportunity to collect important data on students’ use of substances, reasons for and consequences of substance use, what students think their peers are doing, and more. You’ll receive a customized report of your campus results, comparing your results to the statewide data and analyzing the data by gender and age categories.

Surveys must be completed in Spring 2013, before your spring break.

To participate in the survey, or for more information, please contact:
Rosie King
Indiana Prevention Resource Center
(812) 855-9150
rosking@indiana.edu

The survey is funded by the Indiana Collegiate Action Network through a contract with the Indiana Family & Social Services Administration, and is coordinated by the Indiana Prevention Resource Center at Indiana University.

How to join:
From our webpage, www.drugs.indiana.edu, locate this box on the main page. Enter your info and click Join Now

• electronic mailing list
• training, events, and funding
• for substance abuse and problem gambling prevention and treatment
Suicide

*This article is the fifth in a series of six that examine mental health.

Over 36,000 persons (a rate of one every 15 minutes) die annually in the U.S. by suicide. As emphasized by SAMHSA, “the importance of suicide prevention measures during this difficult economic time cannot be overstated.” Mental disorders, especially depression, or an addiction disorder are risk factors in over 90% of suicide deaths. There are multiple contributing factors that influence suicide. Across all age groups, mental and addictive disorders are significant risk factors. They can be reduced to four categories: biological factors, predisposing factors, proximal factors and immediate triggers. Examples of predisposing factors include mental disorders, substance abuse, personality (depressogenic), and severe chronic pain. Proximal factors include hopelessness, intoxication (e.g., binge drinking), impulsiveness, negative expectancy, and severe pain. Immediate triggers include public humiliation, access to guns, a severe defeat, major loss, and a worsened prognosis.

To read the full article and find resources please visit our website at: